## Carthage Baseball WINTER HITTING CAMP

## 2023-2024

Carthage College Baseball is offering weekend hitting instruction for 10 weeks throughout the winter for both high school and youth level players. Choose to attend Saturdays, Sundays, or both. Sessions are open to all ages (*little league - high school*) and athletes will be assigned to small groups based upon skill level and age. Camp will be led by Carthage Baseball coaching staff and current players. Instruction will include; various hitting drills, programs designed to improve each player's swing, increase bat speed, and enhance overall knowledge as a hitter. Each session will be limited to 20 campers and conclude with an intense workout circuit.



## FEATURES

- Live batting practice
- Under-load / Over-load bat speed program
- Medicine ball program to build core strength
- Various tee drills
- Hitting approach breakdown
- Video analysis of every player's swing
- WHEN: Starts December 2nd and 3rd Ends February 10th and 11th No camp 12/23, 12/24
- WHERE:Carthage College Hitting Center2001 Alford Park Drive, Kenosha, WILocated in Tarble Athletic & Recreation Center



COST:\$275 (\$250 CASH price) for Saturday OR Sunday (10 sessions)\$425 (\$400 CASH price) for BOTH Saturday AND Sunday (20 sessions)

\*Amount is due at the first session

\*Secure your spot by mailing or emailing a completed registration form to John at

John Hasser 2001 Alford Park Drive Kenosha, WI 53140

jhasser@carthage.edu REGISTRATION FORM

| NAME          | AGE         |
|---------------|-------------|
| ADDRESS       |             |
| CITY          | _ STATE ZIP |
| EMAIL ADDRESS |             |
| PRIMARY PHONE | _SECONDARY  |
| SCHOOL        |             |

| CHOOSE SESSION AND SESSION TIME: (INDICATE FIRST CHOICE AND SECOND CHOICE)         |                   |               |               |  |  |  |
|--|-------------------|---------------|---------------|--|--|--|
| Athletes attending both Saturday and Sunday will have their requests honored first |                   |               |               |  |  |  |
| SATURDAY   | 9:15-10:30am      | 10:30-11:45am | 11:45-1:00pm  |  |  |  |
| SUNDAY   | 8:00-9:15am       | 9:15-10:30am  | 10:30-11:45am |  |  |  |
| BOTH SA  | TURDAY AND SUNDAY |               |               |  |  |  |

Any checks are to be made payable to **John Hasser** 

| AMOUNT I | ENCLOSED | \$ |
|----------|----------|----|
|----------|----------|----|

There are no refunds for missed days by the athlete.

I understand and agree that Carthage College, the camp, Director, and everyone connected with the camp assumes no responsibility for accidents, injuries, medical or dental expenses incurred by my child during camp. I confirm my child is in good physical condition to participate in the camp and hereby give my permission for emergency medical treatment in the event that I cannot be reached.

Parent/Guardian\_\_\_\_\_

\_Date\_\_\_\_

Carthage College baseball camps will not be responsible for any lost or stolen personal property.

For further questions please contact John Hasser at (314) 471-5300 or jhasser@carthage.edu